

This is an example of hand book for participants.
Please create own country version.

SPOGOMI

Competition Rules

Participant Handbook

Team Name



Supported by



日本財団
THE NIPPON
FOUNDATION

The logo for The Nippon Foundation. It features a green stylized face with its arms raised in a 'V' shape. To the right of the face are the Japanese characters "日本財団" (Nippon Foundation) in a green, blocky font. Below the Japanese characters, the text "THE NIPPON FOUNDATION" is written in a green, sans-serif font.

Put LOGOS

Separation of Trash

A red square with a thin black border containing the text "Red Plastic Bags" in a dark red font.

Red
Plastic
Bags

1. **Waste that can be burned :**
Paper, cloth, food containers/paper wrappers, convenience store bags
2. Empty bottles/cans

No grass/leaves/household waste

No garbage larger than the size of the garbage bag

Separation of Trash



Blue
Plastic
Bags

1. Non-burnable garbage :
Small umbrellas, plastic, glass, mirrors, broken pots, small pans, small batteries, matches, razors, metal cutlery, small electronics
2. PET Bottle (Water Bottle)

No electronics larger than the size of the bag

Separation of Trash



Clear
Plastic
Bag

- Cigarette Butts Only

Please sort your trash carefully.

Because if the garbage is not placed according to the contents of the garbage bag, points will be deducted.

Trash Points

Types and Points of Trash

 burnable trash
[Red 30L garbage bag]

Paper / Cloth / Magazines / Lunch boxes and food wrappers / Plastic bag, etc.

*Except grass/fallen leaves/branches/house waste, etc..

100 g → 10 point
※Rounded off to the nearest 100g



Vinyl umbrellas/ glass/ pots/ pans/ ceramics/ batteries/ lighters/ mirrors/ metals, etc.


※Small electrical appliances (e.g. hair dryer/shaver) are acceptable. Others are handled as bulky trash. Blocks and bricks are not included.

100 g → 10 point
※Rounded off to the nearest 100g

 Bottle/Can
[Red 30L garbage bag]


Items discarded inside

100 g → 12 point
※Rounded off to the nearest 100g


 plastic bottle
[Blue 30L garbage bag]

Items discarded inside

100 g → 25 point
※Rounded off to the nearest 100g

 cigarette butt
[Translucent plastic bag]

100 g → 300 point
※Rounded off to the nearest 100g

 bulky Trash

Dont pick up Bulky trash, as it is difficult to dispose of.
Bulky trash that will not fit into the trash bags to be distributed (700mm x 500mm = 30 liters)
Examples: fans / bed carpet / cushions / fire extinguishers / concrete blocks / safes / metal rods / tires / stoves / computers / baby strollers / rice cookers / etc.

-100 point

1 team consists of 3 people

Each team will be supervised by one judge.

Please listen to the instructions and directions of the accompanying judges.

Warnings

When participants break the rules and if they do not heed multiple warnings, points may be deducted until it results in disqualification.

**The race must be within
the designated area**

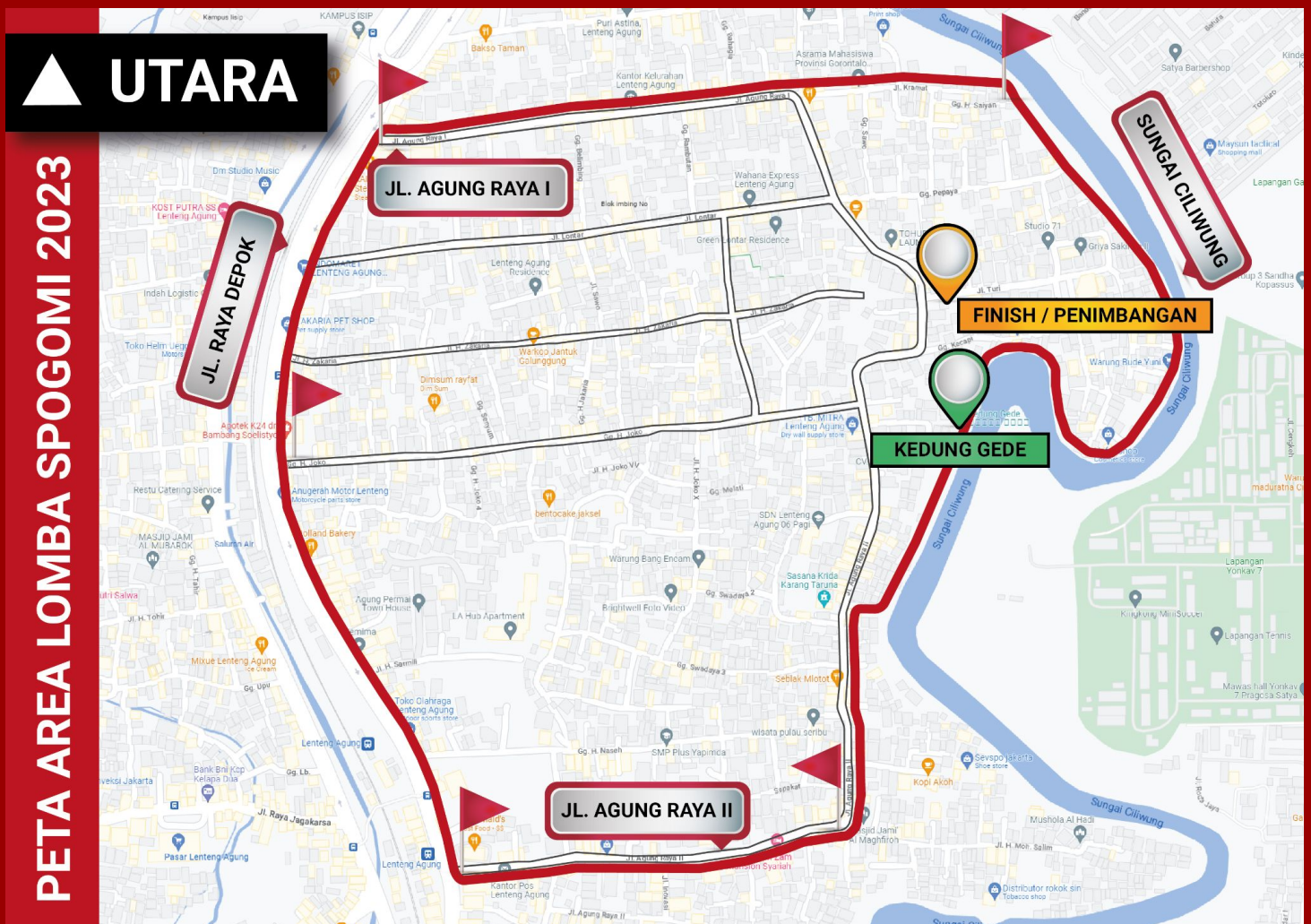
(Please check the map provided)

Starting point at **Kedung Gede**

Finish point in the field
Turi Road

Race Area

Teams are prohibited from leaving the race area on the map provided.



Participants are not allowed to enter the river/riverbank, buildings and houses.

Race Duration 1 Hour

Delay Points Deducted if Participants Do Not Return to the Finish Point on Time

- Each passing 1 minute = -10 points
- Past 10 minutes = Disqualification



Working together as a Team

Must not be separated by 10 meters from other team members.

The team activity ends when the participating teams cross the finish line and report to the Judges at the line.



Do Not RUN



The team will be warned by the judges, and if the participant continues to run, **10 points will be deducted.**

Keep competition area



Please do not damage the race environment

**It is forbidden to pick up
garbage that is in the
garbage bins or in the
garbage collection points.**



Do not pick up trash that is too big

Such as garbage that does not fit in a
competition-sized garbage bag

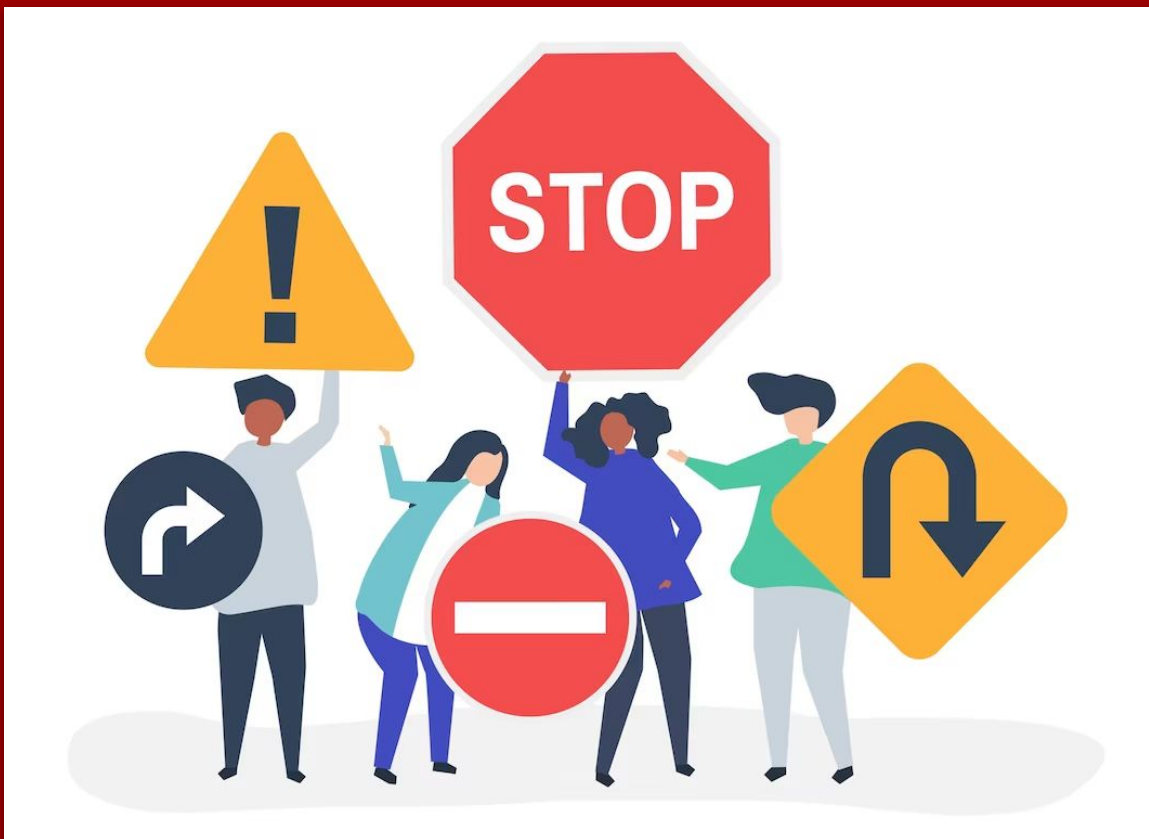
700 mm x 500 mm (30L)

Examples: fan /
battery / mattress
/ safe / iron rod /
TV / tire wheel /
baby carriage /
stove / computer



Maintain traffic rules

Participating teams will get points deducted and disqualified if they do not comply with traffic rules.



DISQUALIFICATION



Engaging in unsportsmanlike conduct



DISQUALIFICATION

**Not listening to
instructions or warnings
from staff/judges.**



DISQUALIFICATION

Participants mobilize by means other than walking

Such as using public transportation/bus/taxi/bike/scooters, etc.



DISQUALIFICATION

Intentionally increase the weight of waste

Such as collecting wet garbage / garbage with water / adding garbage from trash cans / receiving garbage from shops / houses, etc.



DISQUALIFICATION

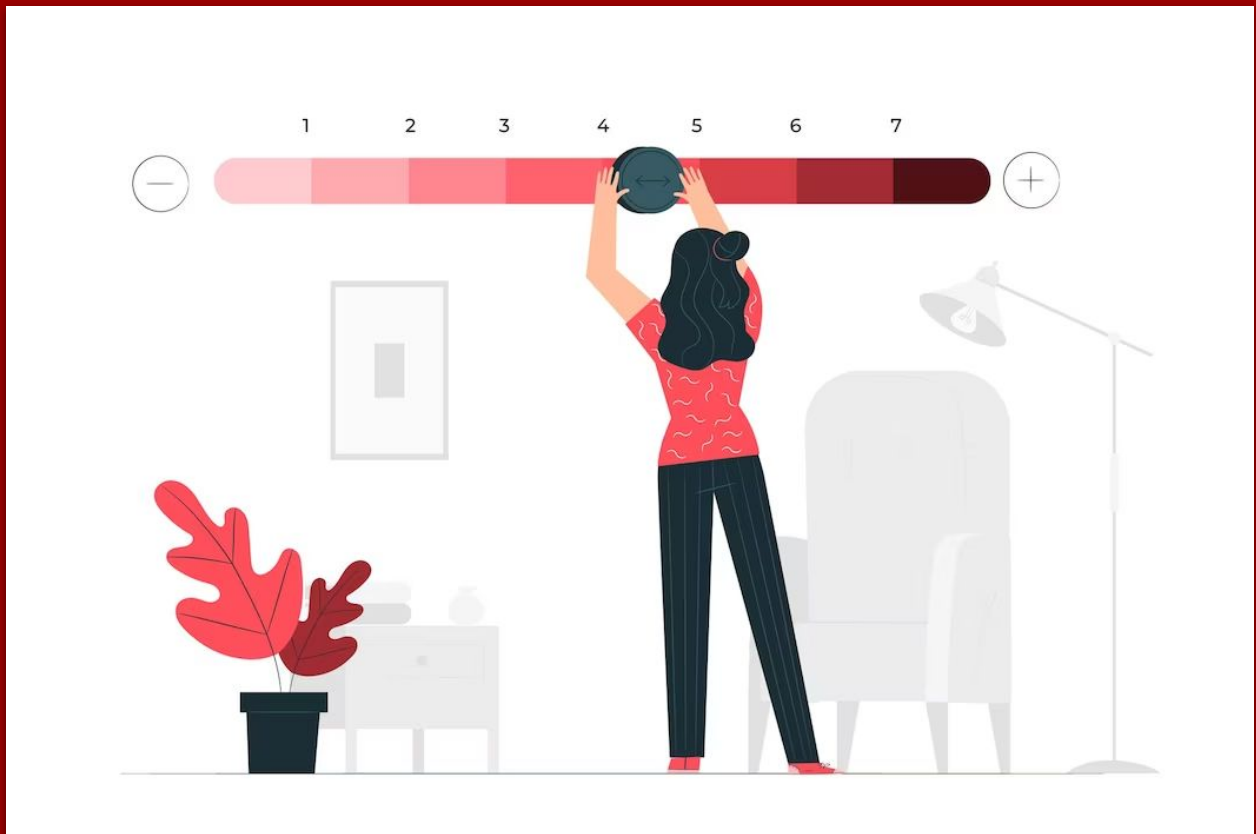
Team returns late more than 10 minutes after the finish line

Calculated after passing the 1-hour time limit for the garbage picking competition.



DISQUALIFICATION

POINT DEDUCTION



Team Returns too late

**-10 points for every minute late
(counted from the starting second).
Disqualification if you are more than
10 minutes late.**

Example of application:

- 10 points (first minute)
- 20 points (second minute),
etc

-100 points if the waste is not sorted properly.



Red
Bag

- Burnable trash


On the First page



Blue
Bag

- Non-burnable Trash
- **PET botol**

On the Second page



Clear
Bag

- **Cigarette butts only**

On the Third page

**-100 points if your team picks up
too big trash.**



**Bulky waste is that which does not fit
into the provided garbage bags (700
mm x 500 mm / 30L)**

Team name : _____

Total Trash Weight

Red Bag : _____

Blue Bag : _____

Blue Bag (botol) : _____

Clear Bag : _____



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